When to use: Present Simple or Present Continuous

TO CHOOSE A VERB TENSE, USE THIS METHODS:
1 – Remember a sample sentence
2 – Remember the Theory
3 – Remember the hint words: They tell you which is the correct verb tense

PRESENT SIMPLE vs PRESENT CONTINUOUS		
Sentences to remember	*I often eat pasta, but today I am eating pizza.* *I normally play football, but today I am playing tennis.*	
	PRESENT SIMPLE	**PRESENT CONTINUOUS (Be+ing)**
THEORY	USE IT WHEN: Repeated actions habits and routines Permanent situations Facts and general truths	USE IT WHEN: The action is happening now, or once. To describe a situation. The action will happen in the near future
HINT WORDS	FREQUENCY ADVERBS: Usually, normally, always, often,everyday, never, hardly ever...	Now, at the moment, Look!, Listen! (present meaning) today, tomorrow, tonight (future meaning)

“STATE VERBS”: VERBS THAT DON´T NORMALLY GO IN PRESENT CONTINUOUS
want, cost, need, be, see, know, believe, have got, etc...

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